

Every stage of life needs community—
find yours in a Life Group.



SUNDAY ADULT LIFE GROUPS

Life Group Stages

- **Stage 1**
Young Adult Singles (18–25)
- **Stage 2**
Young Married Couples (20s–30s)
- **Stage 3**
Parents of Kids (30s–40s)
- **Stage 4**
Parents of Students (40s–50s)
- **Stage 5**
Empty Nest (50s–60s)
- **Stage 6**
Senior Adults (60+)
- **Stage 7**
Multigenerational

WEDNESDAY ADULT LIFE GROUPS

Life Stage	Group	Time	Room
Senior Adults	Hill	1:00 PM	W7
Multigenerational	Rudd	6:30 PM	W10
Multigenerational	Griffis/Pegues	6:30 PM	W11

Life Stage	Group	Time	Room
Stage 1 Young Adult Singles (18–25)	Young Adults	5:00 PM	Life Building
Stage 2 Young Married (20s–30s)	Shelton	11:00 AM	L105
Stage 3 Parents of Kids (30s–40s)	Harris	9:30 AM	L204
	Holderby	9:30 AM	L203
	Mitchell	9:30 AM	L202
	Moss	9:30 AM	L101
Stage 4 Parents of Students (40s–50s)	Bredow	11:00 AM	L204
	Baker	9:30 AM	L103
Stage 5 Empty Nest (50s–60s)	Valenzuela	9:30 AM	L105
	Herring	8:00 AM	W7
	Carr	9:30 AM	W7
	Glover/Hibdon	11:00 AM	L104
	Smith	11:00 AM	W7
Stage 6 Senior Adults (60+)	Wilson	11:00 AM	L101
	Ellis	8:00 AM	W8
	Miller	11:00 AM	W8
Stage 7 Multigenerational	Trigg (Women)	11:00 AM	W13
	Beltran (en Español)	9:30 AM	Gym
	Ramírez (en Español)	9:30 AM	Gym
	Creamer (Women)	11:00 AM	L102
	Deaf Ministry	11:00 AM	L103
	Wilson (Men, 25–50)	11:00 AM	L202

Scan to learn more
about life groups at CFC

